

Manifest Men

Listening Guide

and

Course Instructions



How to Use This Course

This course contains two PDFs and several MP3s. If this is the first thing you are reading, please take your time to start reading through the main manual. The listening sessions are designed to assist with the exercises that are described in the main manual. They are not designed to be standalone sessions. While they will significantly increase your ability to attract high quality men, you will gain much more consistent and lasting success if you listen to them while going through the material and exercises in the manual. You will most rapidly achieve these skills if you combine conscious understanding with subconscious programming. Being able to confidently interact with, express yourself comfortably and naturally, and choose among all the men for the very best one is a very powerful and worthwhile skill to develop. Please think of it like exercising or learning to play an instrument or a sport. You need to understand the concepts, and you need to do the required practice. This short manual will explain how to get the most out of your training.

Most Common Mistake

The most common mistake is to only glance through the manual, look over the exercises and discount them as unimportant. You may think you have seen them before. You haven't. The exercises in this course are designed to make you attractive and confident from the inside out. The exercises in the main manual will teach you how to create attraction in way is not largely understood by most people.

The listening sessions will help you **DRAMATICALLY** as you do that. When used with your creative imagination you will

significantly decrease the required time to become noticeably attractive to high quality men, as well as be able to quickly and effectively qualify and disqualify them. Please treat the written guide, and the exercises, AS IMPORTANT AS (if not MORE important than) these listening sessions, regardless of how powerful they are.

Not One Size Fits All

There are more than twenty sessions of an hour each. What is the correct order? It all depends on you. Just like ten different people learning the piano will choose ten different approaches, so too with these sessions. If you haven't read the main manual yet, a large part of it is daily journaling. You can use your daily experiences (either imaginary, observational, or interactive) to help you decide WHICH particular session is best. There is no set number of days to listen to each session before going on to the next. You can listen to the same session every night for the next three months if you feel that will benefit you the most. Or you can listen to a different session every single day if you feel that benefits you the most. That being said, the sessions are separated into three broad categories, with the same "theme" being represented in each category. There are seven themes and three categories, along with a few supplemental sessions.

General Descriptions of Each

As mentioned above, there are three distinct types of sessions, and each should be listened to during different times of the day while doing different activities.

Four-Voice Theta Sessions (Subconscious Conscious Interface)

The first type is four voice theta sessions (4VT). Four voices will be speaking at once, backed by specifically designed sounds to create the theta brainwave state. During theta brainwaves, your mind is open to reprogramming. These sessions are designed to target the interface between your conscious and subconscious mind. There will only be four voices speaking at once, so you will likely be able to listen to and to understand what they are saying. This will give you a conscious remembering of these voices, or more importantly the positive statements. These, by themselves, will only have a short term effect, as they are partly conscious. These should be listened to during the day when you have time to relax, with your eyes closed, or you may listen to them as you fall asleep at night. While the sessions are each an hour in length, you don't need to listen to the hour to get an effect. However, the list of statements is extensive, and will take about twenty minutes for each voice to cycle through all of them.

Best Time to Listen

For these, any time during the day when you've got some downtime. Twenty minutes (or more) at your desk at work, or relaxing during the afternoon on your sofa at home. The only requirement is that you choose a clear visualization of what you'd like to have happen (that is related to the session theme), AND you are listening with your eyes closed. DO NOT listen to these while driving. They will make you drowsy and sleepy. Give yourself a few minutes to “return to normal” after listening. Make sure to drink plenty of water.

256 Voice Theta Session (Deep Mind)

There will be 256 voices all speaking at once. Like the 4V Theta sessions, these are backed by sounds that will create the theta state in your brain. There are far too many voices to comprehend by your conscious mind. These statements are targeted toward your deep unconscious, where your beliefs are located. They are meant to completely bypass your conscious mind, including your “conscious critic” that hyper-questions everything from a safety standpoint. These are not meant to be understood by your conscious mind. Studies have shown that your subconscious mind can process twenty-five thousand times more information, per second, than your conscious. Think of your conscious mind only capable of handling a spoonful of information at a time, while your subconscious can handle a firehose on full power.

Best Time to Listen

These are best listened to as you fall asleep at night. When you start listening, be sure to focus on a specific image of what you'd like to have happen because of the combination of that particular session and wherever you are on the exercises of the course. Ideally, you would create a very clear, and very specific image of what you'd like to have happen, or what improvements you'd like to enjoy. Then focus on that image as long as you can, while you listen to the session and fall asleep.

Four Voice Gamma Sessions (Higher Mind)

4VG. These are designed to be listened to while wide awake, eyes open and active. The gamma frequencies are sixty hertz, and are believed to have profound effects on your "higher mind." They have a dual effect of both calming and increasing your senses. These sessions are ideal for when doing the actual exercises, ESPECIALLY those that are based on journaling and interacting with others. For example, if you are at the stage where you are non-verbally flirting with men, listening to these sessions while doing so will give you an incredible boost. You can even listen to these while speaking with others so long as you have the sound turned down low enough so that you can speak and listen effectively. These can also be listened to as a "pre-game warm up" if you are on your way to any social activity. They are designed to be most effective with headphones, but they are also effective without headphones, so you can listen to them in your car. It's not a good idea to listen to these will you sleep, because the high frequencies will make sleeping difficult. An ideal time to listen to any of these four voice gamma sessions is when you are walking around, making eye contact and smiling at women, as well as having short conversations. You'll find these will DRAMATICALLY accelerate the expansion of your comfort zone so that starting conversations with attractive females will feel easy and natural. These can be listened to for any length of time. Any time when you are in social situations is perfect.

Pure Gamma Session

There is also a one hour, pure gamma session included. You can think of this as an "all-purpose mood enhancer." Listen to this any time BEFORE you go into a social situation, or even WHILE you are in a social situation. You'll find it helps you relax, and feel completely open and connected to others. You can think of both theta sessions (4 voice and 256 voice) as putting your conscious mind to sleep while it works on the your subconscious. You can think of the gamma sessions (either pure or with voices) as putting your subconscious based fears to sleep, so you, and your fully functioning conscious mind, can have fun!

Pure Theta Session

This is the pure theta sounds without any of the voices. This is an ideal session to listen to if you want to relax, empty and quiet your mind, or simply go inside and re-connect with your inner self. Part of the journaling process is to create an "Ideal Man" in your mind. Listening to the pure theta session while visualizing your Ideal Man can have a profound effect. You can also listen to the pure theta session to help you fall asleep after a hectic day.

General Recommendations for Success

Use the four voice theta sessions during the day, or before you are going into social situations. It will give you a short "boost," as you'll "remember" the positive voices for a short time. Be sure to give yourself sufficient time after you listen to the four voice theta sessions and any social activities, as they will make you a bit sluggish for a few minutes after you listen. Do not listen while driving, or while operating any heavy machinery.

Use the four voice gamma sessions just before going into any social situations, or even while you are in the social situations. The gamma sessions will keep you both alert and relaxed at the same time. The four voice gamma sessions are IDEAL for when doing the actual exercises.

Use the 256 voice sessions before going to sleep at night. Choose a positive visualization, so your subconscious knows what to do with all the positive statements. Hold that image in your mind for as long as you can while falling asleep. If you want to listen all night, make sure it doesn't interfere with your sleeping habits. But if you do find that listening all night is applicable, you can listen without headphones during sleep and they will still have the same effect.

Journal Every Day

Writing down your successes, ideas, any evidence you see, as well as the recommended journaling exercises in the manual are ideal. There is a particular journaling exercise that when used with listening can be extremely helpful. That is the "What I Did, What Happened, What I Could

Have Done Better," exercise. This is simply recording something you did that day, and imagining how you could have done something a little different to perhaps get a better result. Using THAT is a great way to accelerate your success. For example, let's say you see somebody at the grocery store, and you say hi. They say hi back. And then you stand there unable to think of something to say. Later, through journaling, you imagine something you COULD have said or done. Then you use THAT for your visualization that evening while you listen. Simply imagine doing something differently, and imagine a positive outcome as a result.

Which Sessions and in Which Order?

The best thing is to simply get familiar with the names and structure of each sessions, and then simply ask yourself, "What would I like to improve today?" Or you can look back on that day's exercises, and use that as a guideline and what you'd like to improve on. Or ask yourself the following question: "Based on where I am, what do I feel I would benefit most from improving upon?"

Each type of session (4V-Theta, 4V-Gamma, 256V-Theta) contain a "Master Mix." The 256 Master mix is all seven of the 256 files combined, or 1792 voices all speaking at once. Similarly, both 4V Master Mix Sessions have 28 voices speaking at once. If feel that you are fairly equal as far as the individual sessions, then use the Master Mix. Listening to the 4V-Gamma Master Mix while slowly walking around a crowded area filled with attractive males will give you QUITE a wonderful feeling!

Individual Session Descriptions and Statements

Seductive Flirt

This is to create powerfully attractive sexual energy. To generate the subconscious gestures, movements, facial expressions and eye movements that men find irresistibly attractive. It will also significantly increase your self-confidence to consciously flirt as much as you'd like.

Sex Goddess

This will help you develop a deep appreciation for your sexual power. To become absolutely comfortable with your body, and to help him become comfortable with his as you open up your sexual expression and appreciation of one another. You will be able to use your sex energy to consciously increase and maintain attraction within any relationship.

Ideal Man Generator

This will create a deep appreciation of the fullness of male abundance that exists. This will counter any effects of Cognitive Dissonance and allow you to see all the high-quality men that are around you on a daily basis. Feeling male abundance on a subconscious level will significantly increase your attractiveness, and will spur a feeling of competition in the men around you.

Intuition Generator

This will strengthen the deep connection between your conscious and subconscious mind. This will open you to the continuous stream of information given to you by your subconscious. You will open up your awareness of your infinite, truest and most loving self.

Intimacy Supercharger

This will develop the emotional confidence and communication skills that are required for real sexual and emotional intimacy. You will feel safe opening up your truest self to him, and you will inspire him to open his truest self to you.

Qualifier Mindset

This will abolish all thoughts of rejection, and help you see the world of men in several categories. You'll increase your ability to easily and clearly end relationships that are no longer working. You'll be able to ask the right questions that will elicit information, helping you decide who's right for you, and who isn't.

Infinite Self Worth

This will expand the fullness of your self-appreciation in a real way. If you have any self-doubt, worry or anxiety about expressing yourself, this will absolutely obliterate it. This will generate an unbelievably attractive energy that men will not be able to ignore.

Session Statements

Seductive Flirt

I love flirting

I love making eye contact

I love teasing men from a distance

I love expressing subtle interest from a distance

I love flirting across the room

I love flirting on the phone

I love flirting outside

I love flirting inside

I love flirting in public areas

I flirt with my eyes

I flirt with my gaze

I flirt with my body

I flirt with my breasts

I flirt with my lips

I flirt with my legs

I flirt with my face

I flirt with my smile

I flirt with my text

I flirt with my expression

I flirt with my attention

I flirt with my tone of voice

I flirt with my breath

I flirt with my stare

I flirt with my gestures

I flirt with my facial expressions

I flirt with my laugh

I flirt with my grin

I flirt with my walk

I flirt with my body language

I flirt with my stance

I flirt with my clothes

I flirt with my skin

I flirt with my shoes

I flirt with my fingers

I flirt with my nose

I flirt with my kiss

I turn men on with my eyes

I turn men on with my gaze

I turn men on with my body

I turn men on with my breasts

I turn men on with my lips

I turn men on with my legs

I turn men on with my face

I turn men on with my smile

I turn men on with my text

I turn men on with my expression

I turn men on with my attention

I turn men on with my tone of voice

I turn men on with my breath

I turn men on with my stare

I turn men on with my gestures

I turn men on with my facial expressions

I turn men on with my laugh

I turn men on with my grin

I turn men on with my walk

I turn men on with my body language

I turn men on with my stance

I turn men on with my clothes

I turn men on with my skin

I turn men on with my shoes

I turn men on with my fingers

I turn men on with my nose

I turn men on with my kiss

I make men want me with my eyes

I make men want me with my gaze

I make men want me with my body

I make men want me with my breasts

I make men want me with my lips

I make men want me with my legs

I make men want me with my face

I make men want me with my smile

I make men want me with my text

I make men want me with my expression

I make men want me with my attention

I make men want me with my tone of voice

I make men want me with my breath

I make men want me with my stare

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I make men want me with my grin

I make men want me with my walk

I make men want me with my body language

I make men want me with my stance

I make men want me with my clothes

I make men want me with my skin

I make men want me with my shoes

I make men want me with my fingers

I make men want me with my nose

I make men want me with my kiss

I tease with my eyes

I tease with my gaze

I tease with my body

I tease with my breasts

I tease with my lips

I tease with my legs

I tease with my face

I tease with my smile

I tease with my text

I tease with my expression

I tease with my attention

I tease with my tone of voice

I tease with my breath

I tease with my stare

I tease with my gestures

I tease with my facial expressions

I tease with my laugh

I tease with my grin

I tease with my walk

I tease with my body language

I tease with my stance

I tease with my clothes

I tease with my skin

I tease with my shoes

I tease with my fingers

I tease with my nose

I tease with my kiss

I get him interested with my eyes

I get him interested with my gaze

I get him interested with my body

I get him interested with my breasts

I get him interested with my lips

I get him interested with my legs

I get him interested with my face

I get him interested with my smile

I get him interested with my text

I get him interested with my expression

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I get him interested with my walk

I get him interested with my body language

I get him interested with my stance

I get him interested with my clothes

I get him interested with my skin

I get him interested with my shoes

I get him interested with my fingers

I get him interested with my nose

I get him interested with my kiss

I create desire with my eyes

I create desire with my gaze

I create desire with my body

I create desire with my breasts

I create desire with my lips

I create desire with my legs

I create desire with my face

I create desire with my smile

I create desire with my text

I create desire with my expression

I create desire with my attention

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I create desire with my stance

I create desire with my clothes

I create desire with my skin

I create desire with my shoes

I create desire with my fingers

I create desire with my nose

I create desire with my kiss

my eyes are sexy

my face is sexy

my nose is sexy

my lips are sexy

my walk is sexy

my talk is sexy

my voice is sexy

my pout is sexy

my smile is sexy

my breasts are sexy

my stomach is sexy

my legs are sexy

my thighs are sexy

my hips are sexy

my calves are sexy

my clothes are sexy

my gestures are sexy

my breath is sexy

my mind is sexy

my ideas are sexy

my thoughts are sexy

my body is sexy

my spirit is sexy

my aura is sexy

my waist is sexy

my shoes are sexy

my eyes are attractive

my face is attractive

my nose is attractive

my lips are attractive

my walk is attractive

my talk is attractive

my voice is attractive

my pout is attractive

my smile is attractive

my breasts are attractive

my stomach is attractive

my legs are attractive

my thighs are attractive

my hips are attractive

my calves are attractive

my clothes are attractive

my gestures are attractive

my breath is attractive

my mind is attractive

my ideas are attractive

my thoughts are attractive

my body is attractive

my spirit is attractive

my aura is attractive

my waist is attractive

my shoes are attractive

my eyes are alluring

my face is alluring

my nose is alluring

my lips are alluring

my walk is alluring

my talk is alluring

my voice is alluring

my pout is alluring

my smile is alluring

my breasts are alluring

my stomach is alluring

my legs are alluring

my thighs are alluring

my hips are alluring

my calves are alluring

my clothes are alluring

my gestures are alluring

my breath is alluring

my mind is alluring

my ideas are alluring

my thoughts are alluring

my body is alluring

my spirit is alluring

my aura is alluring

my waist is alluring

my shoes are alluring

You love flirting

You love making eye contact

You love teasing men from a distance

You love expressing subtle interest from a distance

You love flirting across the room

You love flirting on the phone

You love flirting outside

You love flirting inside

You love flirting in public areas

You flirt with your eyes

You flirt with your gaze

You flirt with your body

You flirt with your breasts

You flirt with your lips

You flirt with your legs

You flirt with your face

You flirt with your smile

You flirt with your text

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You flirt with your clothes

You flirt with your skin

You flirt with your shoes

You flirt with your fingers

You flirt with your nose

You flirt with your kiss

You turn men on with your eyes

You turn men on with your gaze

You turn men on with your body

You turn men on with your breasts

You turn men on with your lips

You turn men on with your legs

You turn men on with your face

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You turn men on with your shoes

You turn men on with your fingers

You turn men on with your nose

You turn men on with your kiss

You make men want me with your eyes

You make men want me with your gaze

You make men want me with your body

You make men want me with your breasts

You make men want me with your lips

You make men want me with your legs

You make men want me with your face

You make men want me with your smile

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You tease with your shoes

You tease with your fingers

You tease with your nose

You tease with your kiss

You get him interested with your eyes

You get him interested with your gaze

You get him interested with your body

You get him interested with your breasts

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You get him interested with your face

You get him interested with your smile

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You get him interested with your skin

You get him interested with your shoes

You get him interested with your fingers

You get him interested with your nose

You get him interested with your kiss

You create desire with your eyes

You create desire with your gaze

You create desire with your body

You create desire with your breasts

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You create desire with your shoes

You create desire with your fingers

You create desire with your nose

You create desire with your kiss

your eyes are sexy

your face is sexy

your nose is sexy

your lips are sexy

your walk is sexy

your talk is sexy

your voice is sexy

your pout is sexy

your smile is sexy

your breasts are sexy

your stomach is sexy

your legs are sexy

your thighs are sexy

your hips are sexy

your calves are sexy

your clothes are sexy

your gestures are sexy

your breath is sexy

your mind is sexy

your ideas are sexy

your thoughts are sexy

your body is sexy

your spirit is sexy

your aura is sexy

your waist is sexy

your shoes are sexy

your eyes are attractive

your face is attractive

your nose is attractive

your lips are attractive

your walk is attractive

your talk is attractive

your voice is attractive

your pout is attractive

your smile is attractive

your breasts are attractive

your stomach is attractive

your legs are attractive

your thighs are attractive

your hips are attractive

your calves are attractive

your clothes are attractive

your gestures are attractive

your breath is attractive

your mind is attractive

your ideas are attractive

your thoughts are attractive

your body is attractive

your spirit is attractive

your aura is attractive

your waist is attractive

your shoes are attractive

your eyes are alluring

your face is alluring

your nose is alluring

your lips are alluring

your walk is alluring

your talk is alluring

your voice is alluring

your pout is alluring

your smile is alluring

your breasts are alluring

your stomach is alluring

your legs are alluring

your thighs are alluring

your hips are alluring

your calves are alluring

your clothes are alluring

your gestures are alluring

your breath is alluring

your mind is alluring

your ideas are alluring

your thoughts are alluring

your body is alluring

your spirit is alluring

your aura is alluring

your waist is alluring

your shoes are alluring

Sex Goddess

I am a sex goddess

I am a love goddess

I am a goddess of sex

I am a goddess of love

I make men moan in pleasure

I make men whimper in pleasure

I bring men to their knees with my sex power

I seduce men in seconds with my sex appeal

I make men moan with delight

I make men moan with pleasure

I make men moan with happiness

I make men moan with bliss

I make men moan with contentment

I make men moan with rapture

I make men moan with satisfaction

I help men moan with delight

I help men moan with pleasure

I help men moan with happiness

I help men moan with bliss

I help men moan with contentment

I help men moan with rapture

I help men moan with satisfaction

all men lust for me

all men beg for me

all men fantasize about me

all men have sexual fantasies about me

all men want me

all men will do anything for me

all men want my sex

all men want my touch

all men want my kiss

all men want my caress

all men want my embrace

all men want my sex

all men want to feel my body

all men want to be in me

all men want to be on me

all men want to be under me

all men want to fall asleep next to me

all men want to wake up next to me

all men want to be with me

all men want to own me

all men want to be owned by me

all men want to submit to me

all men want to dominate me

all men want to be dominated by me

all men want to seduce me

all men want to be seduced by me

all men want to experience me

all men want to be experienced by me

all men want to come with me

all men want to come on me

all men want to come in me

all men want my orgasm

all men want to make me come

all men want to help me come

all men want to watch me come

all men want my come

all men want my body

all men want my mind

all men want my presence

all men want my spirit

all men want my body

all men want my face

all men want my lips

all men want my breasts

all men want my pussy

all men want my legs

all men want my hands

all men lust for my sex

all men lust for my touch

all men lust for my kiss

all men lust for my caress

all men lust for my embrace

all men lust for my sex

all men lust to feel my body

all men lust to be in me

all men lust to be on me

all men lust to be under me

all men lust to fall asleep next to me

all men lust to wake up next to me

all men lust to be with me

all men lust to own me

all men lust to be owned by me

all men lust to submit to me

all men lust to dominate me

all men lust to be dominated by me

all men lust to seduce me

all men lust to be seduced by me

all men lust to experience me

all men lust to be experienced by me

all men lust to come with me

all men lust to come on me

all men lust to come in me

all men lust for my orgasm

all men lust to make me come

all men lust to help me come

all men lust to watch me come

all men lust for my come

all men lust for my body

all men lust for my mind

all men lust for my presence

all men lust for my spirit

all men lust for my body

all men lust for my face

all men lust for my lips

all men lust for my breasts

all men lust for my pussy

all men lust for my legs

all men lust for my hands

all men beg for my sex

all men beg for my touch

all men beg for my kiss

all men beg for my caress

all men beg for my embrace

all men beg for my sex

all men beg to feel my body

all men beg to be in me

all men beg to be on me

all men beg to be under me

all men beg to fall asleep next to me

all men beg to wake up next to me

all men beg to be with me

all men beg to own me

all men beg to be owned by me

all men beg to submit to me

all men beg to dominate me

all men beg to be dominated by me

all men beg to seduce me

all men beg to be seduced by me

all men beg to experience me

all men beg to be experienced by me

all men beg to come with me

all men beg to come on me

all men beg to come in me

all men beg for my orgasm

all men beg to make me come

all men beg to help me come

all men beg to watch me come

all men beg for my come

all men beg for my body

all men beg for my mind

all men beg for my presence

all men beg for my spirit

all men beg for my body

all men beg for my face

all men beg for my lips

all men beg for my breasts

all men beg for my pussy

all men beg for my legs

all men beg for my hands

all men quiver with excitement at the thought of me

all men fantasize at the thought of me

I give men ecstasy

I give men pleasure

I give men fantasies

I give men motivation

I give men ideas

I give men hope

I give men a reason to live

I give men happiness

I give men bliss

I give men delight

I give men happiness

I give men heaven

I give men paradise

I give men rapture

I give men euphoria

I give men perfection

I give men joy

I offer men ecstasy

I offer men pleasure

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I allow men to have ecstasy

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I allow men to have heaven

I allow men to have paradise

I allow men to have rapture

I allow men to have euphoria

I allow men to have perfection

I allow men to have joy

I please men

I seduce men

I tease men

I satisfy men

I engage men

I overwhelm men

I make men beg

I make men come

I make men obey

I make men please

I make men satisfy

I make men submit

I make men dominate

I make men perform

I make men chase

I make men wait

I make men beg

I make men agree

I make men happy

I make men complete

I make men perfect

I make men see

I make men understand

I make men know

I make men feel

I make men love

I make men cherish

I make men be

You are a sex goddess

You are a love goddess

You are a goddess of sex

You are a goddess of love

You make men moan in pleasure

You make men whimper in pleasure

You bring men to their knees with your sex power

You seduce men in seconds with your sex appeal

You make men moan with delight

You make men moan with pleasure

You make men moan with happiness

You make men moan with bliss

You make men moan with contentment

You make men moan with rapture

You make men moan with satisfaction

You help men moan with delight

You help men moan with pleasure

You help men moan with happiness

You help men moan with bliss

You help men moan with contentment

You help men moan with rapture

You help men moan with satisfaction

all men lust for you

all men beg for you

all men fantasize about you

all men have sexual fantasies about you

all men want you

all men will do anything for you

all men want your sex

all men want your touch

all men want your kiss

all men want your caress

all men want your embrace

all men want your sex

all men want to feel your body

all men want to be in you

all men want to be on you

all men want to be under you

all men want to fall asleep next to you

all men want to wake up next to you

all men want to be with you

all men want to own you

all men want to be owned by you

all men want to submit to you

all men want to dominate you

all men want to be dominated by you

all men want to seduce you

all men want to be seduced by you

all men want to experience you

all men want to be experienced by you

all men want to come with you

all men want to come on you

all men want to come in you

all men want your orgasm

all men want to make you come

all men want to help you come

all men want to watch you come

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all men want your face

all men want your lips

all men want your breasts

all men want your pussy

all men want your legs

all men want your hands

all men lust for your sex

all men lust for your touch

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You make men agree

You make men happy

You make men complete

You make men perfect

You make men see

You make men understand

You make men know

You make men feel

You make men love

You make men cherish

You make men be

Ideal Man Generator

I meet men everywhere

I meet men at work

I meet men at the gym

I meet men on the street

I meet men on vacation

I meet men in the park

I meet men at the grocery store

I meet men at the supermarket

I meet men at the coffee shop

I meet men in the elevator

I meet men at the health food shop

I meet men while doing hobbies

I meet men while studying

I meet men while reading

I meet men while relaxing

I meet men while walking

I meet men while driving

I meet men while sitting

I meet men while standing

I meet men while learning

I meet men while watching movies

I meet men while reading books

I meet men while listening to music

I meet men while exercising

I meet men while relaxing

I meet men while moving

I meet men while watching TV

I meet men while with my friends

I meet men when I'm alone

I meet men when I'm lonely

I meet men when I'm excited

I meet men when I'm happy

I meet men when I'm sad

I meet men when I'm in a hurry

I meet men when I'm relaxed

I meet men when I'm curious

I meet men when I'm anxious

I meet men when I'm calm

I meet men when I'm open

I meet men when I'm closed

I meet men when I'm angry

I meet men when I'm upset

I meet men when I'm frustrated

I meet men when I'm excited

I meet men when I'm confused

I meet men when I'm outgoing

I meet men when I'm shy

I meet men when I'm shopping

I meet men when I'm exercising

I meet men when I'm studying

I meet men when I'm at work

I meet men when I'm on my way home

I meet men on the weekend

I meet men on weekdays

I meet men in the morning

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I meet men at night

I meet men in bars

I meet men in clubs

I meet men at the post office

I meet men at the station

I meet men at the library

I meet men at the park

I meet men at the restaurant

I meet men at the bar

I meet men near my home

I meet men around the world

I meet men on vacation

I meet men on assignment

I meet men near parks

I meet men near streams

I meet men in the mountains

I meet men in fields

I meet men near cabins

I meet men on airplanes

I meet men in airports

I meet men in taxis

I meet men on public transportation

I meet men at parties

I meet men through friends

I meet men through strangers

I meet men with help

I meet men on my own

Men approach me everywhere

Men approach me at work

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You meet men everywhere

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Men talk to you on assignment

Men talk to you near parks

Men talk to you near streams

Men talk to you in the mountains

Men talk to you in fields

Men talk to you near cabins

Men talk to you on airplanes

Men talk to you in airports

Men talk to you in taxis

Men talk to you on public transportation

Men talk to you at parties

Men talk to you through friends

Men talk to you through strangers

Men talk to you with help

Men talk to you on your own

Intimacy Supercharger

opening up is safe

opening up is healthy

opening up is nice

opening up is easy

opening up is comfortable

opening up is pleasant

opening up is natural

opening up is easy

opening up is normal

opening up is considerate

opening up is exciting

opening up is romantic

opening up is beneficial

opening up is welcome

opening up is sexy

opening up is wonderful

opening up is sweet

opening up is lovely

opening up is pleasurable

opening up is warm

opening up is comforting

opening up is supportive

opening up is strengthening

opening up is amazing

opening up is orgasmic

opening up is erotic

opening up is perfect

opening up is worthy

opening up is joining

revealing myself is safe

revealing myself is healthy

revealing myself is nice

revealing myself is easy

revealing myself is comfortable

revealing myself is pleasant

revealing myself is natural

revealing myself is easy

revealing myself is normal

revealing myself is considerate

revealing myself is exciting

revealing myself is romantic

revealing myself is beneficial

revealing myself is welcome

revealing myself is sexy

revealing myself is wonderful

revealing myself is sweet

revealing myself is lovely

revealing myself is pleasurable

revealing myself is warm

revealing myself is comforting

revealing myself is supportive

revealing myself is strengthening

revealing myself is amazing

revealing myself is orgasmic

revealing myself is erotic

revealing myself is perfect

revealing myself is worthy

revealing myself is joining

sharing myself is safe

sharing myself is healthy

sharing myself is nice

sharing myself is easy

sharing myself is comfortable

sharing myself is pleasant

sharing myself is natural

sharing myself is easy

sharing myself is normal

sharing myself is considerate

sharing myself is exciting

sharing myself is romantic

sharing myself is beneficial

sharing myself is welcome

sharing myself is sexy

sharing myself is wonderful

sharing myself is sweet

sharing myself is lovely

sharing myself is pleasurable

sharing myself is warm

sharing myself is comforting

sharing myself is supportive

sharing myself is strengthening

sharing myself is amazing

sharing myself is orgasmic

sharing myself is erotic

sharing myself is perfect

sharing myself is worthy

sharing myself is joining

sharing each other is safe

sharing each other is healthy

sharing each other is nice

sharing each other is easy

sharing each other is comfortable

sharing each other is pleasant

sharing each other is natural

sharing each other is easy

sharing each other is normal

sharing each other is considerate

sharing each other is exciting

sharing each other is romantic

sharing each other is beneficial

sharing each other is welcome

sharing each other is sexy

sharing each other is wonderful

sharing each other is sweet

sharing each other is lovely

sharing each other is pleasurable

sharing each other is warm

sharing each other is comforting

sharing each other is supportive

sharing each other is strengthening

sharing each other is amazing

sharing each other is orgasmic

sharing each other is erotic

sharing each other is perfect

sharing each other is worthy

sharing each other is joining

intimacy is safe

intimacy is healthy

intimacy is nice

intimacy is easy

intimacy is comfortable

intimacy is pleasant

intimacy is natural

intimacy is easy

intimacy is normal

intimacy is considerate

intimacy is exciting

intimacy is romantic

intimacy is beneficial

intimacy is welcome

intimacy is sexy

intimacy is wonderful

intimacy is sweet

intimacy is lovely

intimacy is pleasurable

intimacy is warm

intimacy is comforting

intimacy is supportive

intimacy is strengthening

intimacy is amazing

intimacy is orgasmic

intimacy is erotic

intimacy is perfect

intimacy is worthy

intimacy is joining

I am safe

I am protected

I am whole

I am full

I am complete

I am perfect

I am healing

I am healed

I am holy

I am infinite

I am close

I am normal

I am wanted

I am loved

I am loving

I am healthy

I am clean

I am pure

I am perfect

I am together

I am one

I am still

I am close

I am love

I am happiness

I am kindness

I am warmth

I am sharing

I am comforting

I am helpful

I am healing

I am consoling

I am consoled

I am helpful

I am helped

I am together

I am safe

I am protected

I am worthy

I am complete

I am clean

I am pure

I am purifying

I am cleansing

I am completing

I create safety

I create comfort

I create happiness

I create contentment

I create fulfillment

I create satisfaction

I create safety

I create pleasure

I create worthiness

I create healing

I create purity

I create love

I create pleasure

I create warmth

I create openness

I create vulnerability

I create expression

I create sharing

I create kindness

I create forgiveness

I create togetherness

I create intimacy

opening up is safe

opening up is healthy

opening up is nice

opening up is easy

opening up is comfortable

opening up is pleasant

opening up is natural

opening up is easy

opening up is normal

opening up is considerate

opening up is exciting

opening up is romantic

opening up is beneficial

opening up is welcome

opening up is sexy

opening up is wonderful

opening up is sweet

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opening up is pleasurable

opening up is warm

opening up is comforting

opening up is supportive

opening up is strengthening

opening up is amazing

opening up is orgasmic

opening up is erotic

opening up is perfect

opening up is worthy

opening up is joining

revealing yourself is safe

revealing yourself is healthy

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revealing yourself is amazing

revealing yourself is orgasmic

revealing yourself is erotic

revealing yourself is perfect

revealing yourself is worthy

revealing yourself is joining

sharing yourself is safe

sharing yourself is healthy

sharing yourself is nice

sharing yourself is easy

sharing yourself is comfortable

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sharing yourself is natural

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sharing yourself is exciting

sharing yourself is romantic

sharing yourself is beneficial

sharing yourself is welcome

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sharing yourself is warm

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sharing yourself is amazing

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sharing yourself is erotic

sharing yourself is perfect

sharing yourself is worthy

sharing yourself is joining

sharing each other is safe

sharing each other is healthy

sharing each other is nice

sharing each other is easy

sharing each other is comfortable

sharing each other is pleasant

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sharing each other is normal

sharing each other is considerate

sharing each other is exciting

sharing each other is romantic

sharing each other is beneficial

sharing each other is welcome

sharing each other is sexy

sharing each other is wonderful

sharing each other is sweet

sharing each other is lovely

sharing each other is pleasurable

sharing each other is warm

sharing each other is comforting

sharing each other is supportive

sharing each other is strengthening

sharing each other is amazing

sharing each other is orgasmic

sharing each other is erotic

sharing each other is perfect

sharing each other is worthy

sharing each other is joining

intimacy is safe

intimacy is healthy

intimacy is nice

intimacy is easy

intimacy is comfortable

intimacy is pleasant

intimacy is natural

intimacy is easy

intimacy is normal

intimacy is considerate

intimacy is exciting

intimacy is romantic

intimacy is beneficial

intimacy is welcome

intimacy is sexy

intimacy is wonderful

intimacy is sweet

intimacy is lovely

intimacy is pleasurable

intimacy is warm

intimacy is comforting

intimacy is supportive

intimacy is strengthening

intimacy is amazing

intimacy is orgasmic

intimacy is erotic

intimacy is perfect

intimacy is worthy

intimacy is joining

You are safe

You are protected

You are whole

You are full

You are complete

You are perfect

You are healing

You are healed

You are holy

You are infinite

You are close

You are normal

You are wanted

You are loved

You are loving

You are healthy

You are clean

You are pure

You are perfect

You are together

You are one

You are still

You are close

You are love

You are happiness

You are kindness

You are warmth

You are sharing

You are comforting

You are helpful

You are healing

You are consoling

You are consoled

You are helpful

You are helped

You are together

You are safe

You are protected

You are worthy

You are complete

You are clean

You are pure

You are purifying

You are cleansing

You are completing

You create safety

You create comfort

You create happiness

You create contentment

You create fulfillment

You create satisfaction

You create safety

You create pleasure

You create worthiness

You create healing

You create purity

You create love

You create pleasure

You create warmth

You create openness

You create vulnerability

You create expression

You create sharing

You create kindness

You create forgiveness

You create togetherness

You create intimacy

Qualifier Mindset

I know what I want

I look for what I want

I have many options

I have endless options

I know when to say no

I accept when he's not right for me

I accept telling men no

I let him down easily

I let him down gently

I let him down assertively

I let him down compassionately

I let him down objectively

I let him down truthfully

I let him down with clarity

I let him down and move on

I disqualify him and move on

I tell him I'm not interested and move on

I tell him we're incompatible and move on

I tell him it's over and move on

I end relationships with compassion

I end relationships with confidence

I end relationships with objectivity

I end relationships with clarity

I end relationships assertively

I end relationships confidently

I end relationships clearly

I end relationships distinctly

I end relationships plainly

I end relationships decidedly

I end relationships undoubtedly

I sort through men efficiently

I sort through men effectively

I sort through men quickly

I sort through men confidently

I sort through men happily

qualifying men is easy

qualifying men is fun

qualifying men is compassionate

qualifying men is comfortable

qualifying men increases attraction

qualifying men builds confidence

qualifying men build self esteem

qualifying men builds pleasure

I easily elicit red flags

I easily elicit green flags

I easily keep track

I easily elicit what I want

I trust my intuition

I trust my experience

I only settle for the best

I only settle for quality

I only settle for compatibility

I only settle for desirability

I only settle for attraction

I know what I want

I look for what I want

I identify what I want

I verify what I want

I clarify what I want

I keep track of what I want

I find what I want

I see what I want

I know what to avoid

I know how to disqualify

I easily disqualify

I effectively disqualify

I kindly disqualify

I effortlessly disqualify

I efficiently disqualify

I am effective

I am efficient

I am open

I am resilient

I trust myself

I have faith in myself

I know I'll find him

I know he'll find me

I build him in my mind

I build him in my heart

I build him in my soul

I create him in my mind

I create him in my heart

I create him in my soul

I manifest him in my mind

I manifest him in my heart

I manifest him in my soul

I visualize him and find him

I visualize him and attract him

I visualize him and look for him

I visualize him and bring him to me

I visualize him and get close to him

I am creating the perfect relationship

I am creating the ideal relationship

I accept only what is good for me

I accept only what is right for me

I accept only what is compatible with me

I accept only what makes me happy

I accept only what fulfills me

I accept only what satisfies me

I accept only what respects me

I accept only what validates me

I accept only what supports me

I accept only what needs my support

I accept only what encourages me

I accept only what needs my encouragement

I accept only what adores me

I accept only what I adore

I accept only what completes me

I accept only what I complete

I attract only what is good for me

I attract only what is right for me

I attract only what is compatible with me

I attract only what makes me happy

I attract only what fulfills me

I attract only what satisfies me

I attract only what respects me

I attract only what validates me

I attract only what supports me

I attract only what needs my support

I attract only what encourages me

I attract only what needs my encouragement

I attract only what adores me

I attract only what I adore

I attract only what completes me

I attract only what I complete

I manifest only what is good for me

I manifest only what is right for me

I manifest only what is compatible with me

I manifest only what makes me happy

I manifest only what fulfills me

I manifest only what satisfies me

I manifest only what respects me

I manifest only what validates me

I manifest only what supports me

I manifest only what needs my support

I manifest only what encourages me

I manifest only what needs my encouragement

I manifest only what adores me

I manifest only what I adore

I manifest only what completes me

I manifest only what I complete

I create only what is good for me

I create only what is right for me

I create only what is compatible with me

I create only what makes me happy

I create only what fulfills me

I create only what satisfies me

I create only what respects me

I create only what validates me

I create only what supports me

I create only what needs my support

I create only what encourages me

I create only what needs my encouragement

I create only what adores me

I create only what I adore

I create only what completes me

I create only what I complete

You know what You want

You look for what You want

You have many options

You have endless options

You know when to say no

You accept when he's not right for you

You accept telling men no

You let him down easily

You let him down gently

You let him down assertively

You let him down compassionately

You let him down objectively

You let him down truthfully

You let him down with clarity

You let him down and move on

You disqualify him and move on

You tell him you're not interested and move on

You tell him you're incompatible and move on

You tell him it's over and move on

You end relationships with compassion

You end relationships with confidence

You end relationships with objectivity

You end relationships with clarity

You end relationships assertively

You end relationships confidently

You end relationships clearly

You end relationships distinctly

You end relationships plainly

You end relationships decidedly

You end relationships undoubtedly

You sort through men efficiently

You sort through men effectively

You sort through men quickly

You sort through men confidently

You sort through men happily

qualifying men is easy

qualifying men is fun

qualifying men is compassionate

qualifying men is comfortable

qualifying men increases attraction

qualifying men builds confidence

qualifying men build self esteem

qualifying men builds pleasure

You easily elicit red flags

You easily elicit green flags

You easily keep track

You easily elicit what You want

You trust your intuition

You trust your experience

You only settle for the best

You only settle for quality

You only settle for compatibility

You only settle for desirability

You only settle for attraction

You know what You want

You look for what You want

You identify what You want

You verify what You want

You clarify what You want

You keep track of what You want

You find what You want

You see what You want

You know what to avoid

You know how to disqualify

You easily disqualify

You effectively disqualify

You kindly disqualify

You effortlessly disqualify

You efficiently disqualify

You are effective

You are efficient

You are open

You are resilient

You trust yourself

You have faith in yourself

You know you'll find him

You know he'll find you

You build him in your mind

You build him in your heart

You build him in your soul

You create him in your mind

You create him in your heart

You create him in your soul

You manifest him in your mind

You manifest him in your heart

You manifest him in your soul

You visualize him and find him

You visualize him and attract him

You visualize him and look for him

You visualize him and bring him to you

You visualize him and get close to him

You are creating the perfect relationship

You are creating the ideal relationship

You accept only what is good for you

You accept only what is right for you

You accept only what is compatible with you

You accept only what makes you happy

You accept only what fulfills you

You accept only what satisfies you

You accept only what respects you

You accept only what validates you

You accept only what supports you

You accept only what needs your support

You accept only what encourages you

You accept only what needs your encouragement

You accept only what adores you

You accept only what You adore

You accept only what completes you

You accept only what You complete

You attract only what is good for you

You attract only what is right for you

You attract only what is compatible with you

You attract only what makes you happy

You attract only what fulfills you

You attract only what satisfies you

You attract only what respects you

You attract only what validates you

You attract only what supports you

You attract only what needs your support

You attract only what encourages you

You attract only what needs your encouragement

You attract only what adores you

You attract only what You adore

You attract only what completes you

You attract only what You complete

You manifest only what is good for you

You manifest only what is right for you

You manifest only what is compatible with you

You manifest only what makes you happy

You manifest only what fulfills you

You manifest only what satisfies you

You manifest only what respects you

You manifest only what validates you

You manifest only what supports you

You manifest only what needs your support

You manifest only what encourages you

You manifest only what needs your encouragement

You manifest only what adores you

You manifest only what You adore

You manifest only what completes you

You manifest only what You complete

You create only what is good for you

You create only what is right for you

You create only what is compatible with you

You create only what makes you happy

You create only what fulfills you

You create only what satisfies you

You create only what respects you

You create only what validates you

You create only what supports you

You create only what needs your support

You create only what encourages you

You create only what needs your encouragement

You create only what adores you

You create only what You adore

You create only what completes you

You create only what You complete

Infinite Self Worth

I am worthy

I am valuable

I help people

I support people

I make people happy

I make people whole

the world needs me

the world respects me

the world loves me

the world values me

people need me

people love me

people value me

people respect me

people want me

people admire me

people appreciate me

people benefit from me

people like me

people see value in me

people value my contributions

people value my presence

people value my ideas

people value my opinions

people value my contribution

people value my perspective

people value my experience

people value my smile

people value my support

people value my behavior

people value my personality

people value my intelligence

people value my persistence

people value my independence

people need my presence

people need my ideas

people need my opinions

people need my contribution

people need my perspective

people need my experience

people need my smile

people need my support

people need my behavior

people need my personality

people need my intelligence

people need my persistence

people need my independence

people love my presence

people love my ideas

people love my opinions

people love my contribution

people love my perspective

people love my experience

people love my smile

people love my support

people love my behavior

people love my personality

people love my intelligence

people love my persistence

people love my independence

people appreciate my presence

people appreciate my ideas

people appreciate my opinions

people appreciate my contribution

people appreciate my perspective

people appreciate my experience

people appreciate my smile

people appreciate my support

people appreciate my behavior

people appreciate my personality

people appreciate my intelligence

people appreciate my persistence

people appreciate my independence

people want my presence

people want my ideas

people want my opinions

people want my contribution

people want my perspective

people want my experience

people want my smile

people want my support

people want my behavior

people want my personality

people want my intelligence

people want my persistence

people want my independence

men need me

men love me

men value me

men respect me

men want me

men admire me

men appreciate me

men benefit from me

men like me

men see value in me

men value my contributions

men value my presence

men value my ideas

men value my opinions

men value my contribution

men value my perspective

men value my experience

men value my smile

men value my support

men value my behavior

men value my personality

men value my intelligence

men value my persistence

men value my independence

men need my presence

men need my ideas

men need my opinions

men need my contribution

men need my perspective

men need my experience

men need my smile

men need my support

men need my behavior

men need my personality

men need my intelligence

men need my persistence

men need my independence

men love my presence

men love my ideas

men love my opinions

men love my contribution

men love my perspective

men love my experience

men love my smile

men love my support

men love my behavior

men love my personality

men love my intelligence

men love my persistence

men love my independence

men appreciate my presence

men appreciate my ideas

men appreciate my opinions

men appreciate my contribution

men appreciate my perspective

men appreciate my experience

men appreciate my smile

men appreciate my support

men appreciate my behavior

men appreciate my personality

men appreciate my intelligence

men appreciate my persistence

men appreciate my independence

men want my presence

men want my ideas

men want my opinions

men want my contribution

men want my perspective

men want my experience

men want my smile

men want my support

men want my behavior

men want my personality

men want my intelligence

men want my persistence

men want my independence

I love myself

I appreciate myself

I need myself

I like myself

I value myself

I know myself

I expand myself

I discover myself

I increase myself

I feel myself

I am happy with myself

I am content with myself

I share myself

I want myself

You are worthy

You are valuable

You help people

You support people

You make people happy

You make people whole

the world needs you

the world respects you

the world loves you

the world values you

people need you

people love you

people value you

people respect you

people want you

people admire you

people appreciate you

people benefit from you

people like you

people see value in you

people value your contributions

people value your presence

people value your ideas

people value your opinions

people value your contribution

people value your perspective

people value your experience

people value your smile

people value your support

people value your behavior

people value your personality

people value your intelligence

people value your persistence

people value your independence

people need your presence

people need your ideas

people need your opinions

people need your contribution

people need your perspective

people need your experience

people need your smile

people need your support

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people need your persistence

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people love your presence

people love your ideas

people love your opinions

people love your contribution

people love your perspective

people love your experience

people love your smile

people love your support

people love your behavior

people love your personality

people love your intelligence

people love your persistence

people love your independence

people appreciate your presence

people appreciate your ideas

people appreciate your opinions

people appreciate your contribution

people appreciate your perspective

people appreciate your experience

people appreciate your smile

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people appreciate your behavior

people appreciate your personality

people appreciate your intelligence

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people want your opinions

people want your contribution

people want your perspective

people want your experience

people want your smile

people want your support

people want your behavior

people want your personality

people want your intelligence

people want your persistence

people want your independence

men need you

men love you

men value you

men respect you

men want you

men admire you

men appreciate you

men benefit from you

men like you

men see value in you

men value your contributions

men value your presence

men value your ideas

men value your opinions

men value your contribution

men value your perspective

men value your experience

men value your smile

men value your support

men value your behavior

men value your personality

men value your intelligence

men value your persistence

men value your independence

men need your presence

men need your ideas

men need your opinions

men need your contribution

men need your perspective

men need your experience

men need your smile

men need your support

men need your behavior

men need your personality

men need your intelligence

men need your persistence

men need your independence

men love your presence

men love your ideas

men love your opinions

men love your contribution

men love your perspective

men love your experience

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men love your support

men love your behavior

men love your personality

men love your intelligence

men love your persistence

men love your independence

men appreciate your presence

men appreciate your ideas

men appreciate your opinions

men appreciate your contribution

men appreciate your perspective

men appreciate your experience

men appreciate your smile

men appreciate your support

men appreciate your behavior

men appreciate your personality

men appreciate your intelligence

men appreciate your persistence

men appreciate your independence

men want your presence

men want your ideas

men want your opinions

men want your contribution

men want your perspective

men want your experience

men want your smile

men want your support

men want your behavior

men want your personality

men want your intelligence

men want your persistence

men want your independence

You love yourself

You appreciate yourself

You need yourself

You like yourself

You value yourself

You know yourself

You expand yourself

You discover yourself

You increase yourself

You feel yourself

You are happy with yourself

You are content with yourself

You share yourself

You want yourself

Intuition Generator

your intuition is strong

your intuition is powerful

your intuition is wide

your intuition is deep

your intuition serves you

your intuition helps you

your intuition keeps you safe

your intuition keeps you happy

your intuition keeps you moving forward

your intuition inspires you

your intuition motivates you

your intuition heals you

your intuition guides you

your intuition leads you

your intuition protects you

your intuition clarifies you

your intuition validates you

your intuition informs you

your decisions are strong

your decisions are powerful

your decisions are wide

your decisions are deep

your decisions serve you

your decisions help you

your decisions keep you safe

your decisions keep you happy

your decisions keep you moving forward

your decisions inspire you

your decisions motivate you

your decisions heal you

your decisions guide you

your decisions lead you

your decisions protect you

your decisions clarify you

your decisions validate you

your decisions inform you

you trust your intuition

you listen to your intuition

you believe your intuition

you act on your intuition

you pay attention to your intuition

you rely on your intuition

you are friends with your intuition

you are partners with your intuition

you know what to do

you know where to go

you know what to say

you know who to say it to

you know when to wait

you know when to leave

you know when to ask

you know when to answer

you listen carefully

you read between the lines

you know the true meaning

your life is unfolding

your life is growing

your life is on purpose

your life is a magnificent creation

your senses are open

your senses are accurate

you are a powerful compass

you are a powerful navigator

you are a powerful decision maker

your decisions are pure

your decisions are reasoned

your decisions are inspired

your decisions are true

your decisions are righteous

your decisions are powerful

your decisions help you

your decisions guide you

your decisions lead you

your thinking is strong

your thinking is powerful

your thinking is wide

your thinking is deep

your thinking serves you

your thinking helps you

your thinking keeps you safe

your thinking keeps you happy

your thinking keeps you moving forward

your thinking inspires you

your thinking motivates you

your thinking heals you

your thinking guides you

your thinking leads you

your thinking protects you

your thinking clarifies you

your thinking validates you

your thinking informs you

your resources are deep

your resources are wide

your resources are eternal

your resources are infinite

you are connected

your resources are helpful

your resources are everywhere

you are supported

you are loved

you are taken care of

you are protected

you are looked after

you are guided

you are supported

you are loved

you are wanted

you are respected

you are desired

you are true

you are worthy

you are righteous

you are moral

you are powerful

you are eternal

you are infinite

you are pure

you are beautiful

you are wonderful

you are lovely

you are deep

you are wide

you are thoughtful

you are responsive

you are unlimited

you are resourceful

you are resilient

you are ideal

you are giving

you are supporting

you are creating

you are manifesting

you are engaging

you are believing

you are helping

you are wonder

you are grace

you are power

you are love

you are happiness

you are expression

you are clarity

you are whole

you are pure

you are light

you are eternal

your spirit is supported

your spirit is loved

your spirit is taken care of

your spirit is protected

your spirit is looked after

your spirit is guided

your spirit is supported

your spirit is loved

your spirit is wanted

your spirit is respected

your spirit is desired

your spirit is true

your spirit is worthy

your spirit is righteous

your spirit is moral

your spirit is powerful

your spirit is eternal

your spirit is infinite

your spirit is pure

your spirit is beautiful

your spirit is wonderful

your spirit is lovely

your spirit is deep

your spirit is wide

your spirit is thoughtful

your spirit is responsive

your spirit is unlimited

your spirit is resourceful

your spirit is resilient

your spirit is ideal

your spirit is giving

your spirit is supporting

your spirit is creating

your spirit is manifesting

your spirit is engaging

your spirit is believing

your spirit is helping

your spirit is wonder

your spirit is grace

your spirit is power

your spirit is love

your spirit is happiness

your spirit is expression

your spirit is clarity

your spirit is whole

your spirit is pure

your spirit is light

your spirit is eternal

your essence is supported

your essence is loved

your essence is taken care of

your essence is protected

your essence is looked after

your essence is guided

your essence is supported

your essence is loved

your essence is wanted

your essence is respected

your essence is desired

your essence is true

your essence is worthy

your essence is righteous

your essence is moral

your essence is powerful

your essence is eternal

your essence is infinite

your essence is pure

your essence is beautiful

your essence is wonderful

your essence is lovely

your essence is deep

your essence is wide

your essence is thoughtful

your essence is responsive

your essence is unlimited

your essence is resourceful

your essence is resilient

your essence is ideal

your essence is giving

your essence is supporting

your essence is creating

your essence is manifesting

your essence is engaging

your essence is believing

your essence is helping

your essence is wonder

your essence is grace

your essence is power

your essence is love

your essence is happiness

your essence is expression

your essence is clarity

your essence is whole

your essence is pure

your essence is light

your essence is eternal

my intuition is strong

my intuition is powerful

my intuition is wide

my intuition is deep

my intuition serves me

my intuition helps me

my intuition keeps me safe

my intuition keeps me happy

my intuition keeps me moving forward

my intuition inspires me

my intuition motivates me

my intuition heals me

my intuition guides me

my intuition leads me

my intuition protects me

my intuition clarifies me

my intuition validates me

my intuition informs me

my decisions are strong

my decisions are powerful

my decisions are wide

my decisions are deep

my decisions serve me

my decisions help me

my decisions keep me safe

my decisions keep me happy

my decisions keep me moving forward

my decisions inspire me

my decisions motivate me

my decisions heal me

my decisions guide me

my decisions lead me

my decisions protect me

my decisions clarify me

my decisions validate me

my decisions inform me

I trust my intuition

I listen to my intuition

I believe my intuition

I act on my intuition

I pay attention to my intuition

I rely on my intuition

I am friends with my intuition

I am partners with my intuition

I know what to do

I know where to go

I know what to say

I know who to say it to

I know when to wait

I know when to leave

I know when to ask

I know when to answer

I listen carefully

I read between the lines

I know the true meaning

my life is unfolding

my life is growing

my life is on purpose

my life is a magnificent creation

my senses are open

my senses are accurate

I am a powerful compass

I am a powerful navigator

I am a powerful decision maker

my decisions are pure

my decisions are reasoned

my decisions are inspired

my decisions are true

my decisions are righteous

my decisions are powerful

my decisions help me

my decisions guide me

my decisions lead me

my thinking is strong

my thinking is powerful

my thinking is wide

my thinking is deep

my thinking serves me

my thinking helps me

my thinking keeps me safe

my thinking keeps me happy

my thinking keeps me moving forward

my thinking inspires me

my thinking motivates me

my thinking heals me

my thinking guides me

my thinking leads me

my thinking protects me

my thinking clarifies me

my thinking validates me

my thinking informs me

my resources are deep

my resources are wide

my resources are eternal

my resources are infinite

I am connected

my resources are helpful

my resources are everywhere

I am supported

I am loved

I am taken care of

I am protected

I am looked after

I am guided

I am supported

I am loved

I am wanted

I am respected

I am desired

I am true

I am worthy

I am righteous

I am moral

I am powerful

I am eternal

I am infinite

I am pure

I am beautiful

I am wonderful

I am lovely

I am deep

I am wide

I am thoughtful

I am responsive

I am unlimited

I am resourceful

I am resilient

I am ideal

I am giving

I am supporting

I am creating

I am manifesting

I am engaging

I am believing

I am helping

I am wonder

I am grace

I am power

I am love

I am happiness

I am expression

I am clarity

I am whole

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my spirit is wide

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my spirit is responsive

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my spirit is resourceful

my spirit is resilient

my spirit is ideal

my spirit is giving

my spirit is supporting

my spirit is creating

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my spirit is believing

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my spirit is wonder

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my essence is lovely

my essence is deep

my essence is wide

my essence is thoughtful

my essence is responsive

my essence is unlimited

my essence is resourceful

my essence is resilient

my essence is ideal

my essence is giving

my essence is supporting

my essence is creating

my essence is manifesting

my essence is engaging

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